



**Town of Arlington**  
**Department of Health & Human Services Director, Christine Bongiorno**

### **Arlington Issues New Guidance For Sports**

#### ***Effective Oct 23 masks to be worn in all sports.***

Since October 8, Arlington has confirmed 28 new positive cases of COVID-19. Although these cases have not been linked to the spread of the virus in the schools, the Health Department, through its ongoing contact tracing efforts, has linked many of these cases to activities such as non-school related sporting events, social gatherings and large family gatherings. The Health Department continues to urge residents to avoid holding or attending social gatherings, either inside or outside, and has issued the following new guidance for all youth and adult sporting activities in Arlington.

Starting October 23<sup>rd</sup> the following safety measures will be in effect in Arlington:

- Face coverings are to be worn by all players and all sports, both on and off the playing field, court or ice.
- Locker rooms at the Ed Burns Arena will be closed until further notice.
- No gatherings before/after games and practices.

The Health Department also wants to point out that carpooling is another possible source for virus transmission and advises anyone who carools to watch this short, 30 second video by the Mass. Department of Health.

<https://www.youtube.com/watch?v=5QDyTB2pEhE>

Be aware that these precautions are being implemented to avoid the spread of COVID-19 and to allow for these activities to continue. Clusters have been identified and linked to sporting events, such as hockey games. If additional clusters are identified, these activities may shut down completely. Face coverings and staying 6-feet apart have proven to be our best defense against COVID-19.