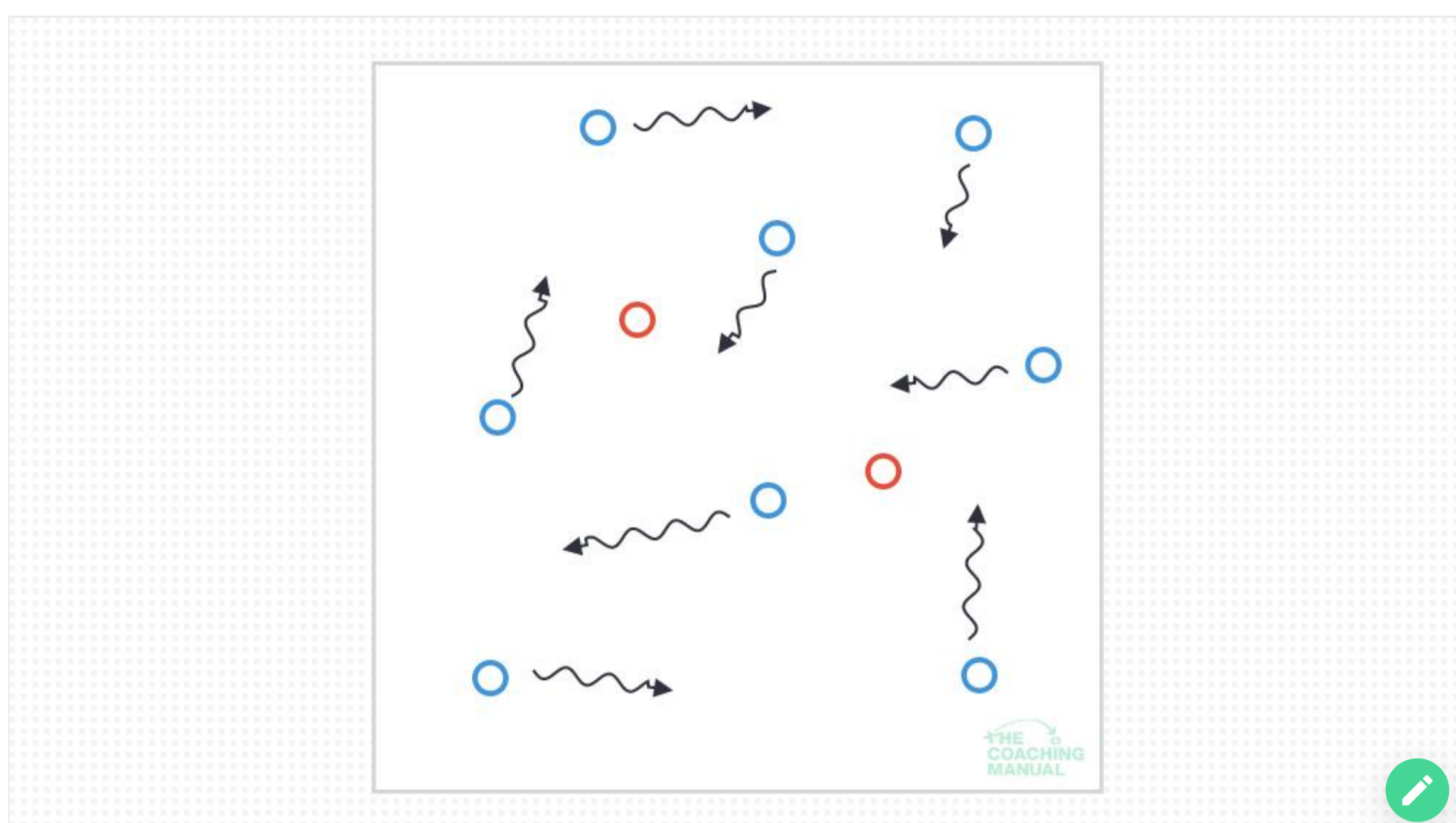


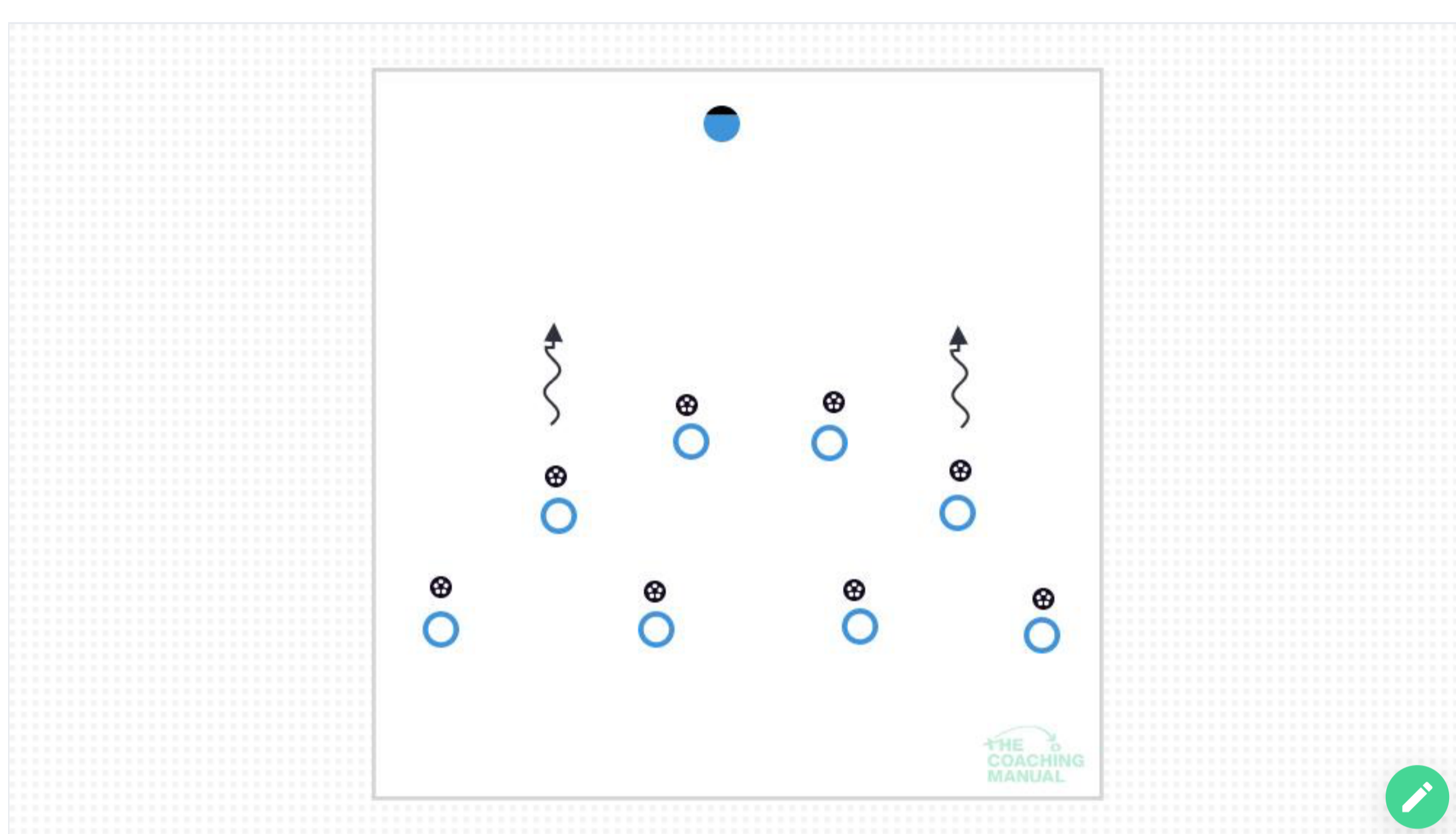
Banana Tag

- Coaches are the monkeys trying to tag the soccer players (bananas) (no soccer ball needed for this warm up)
- If the monkeys tag a soccer player, they turn into a banana and have to stand with their hands above their heads. The only way they can begin moving again is if a teammate peels the banana (move the players hands from above their head to by their side)
- Allow players to be the monkeys



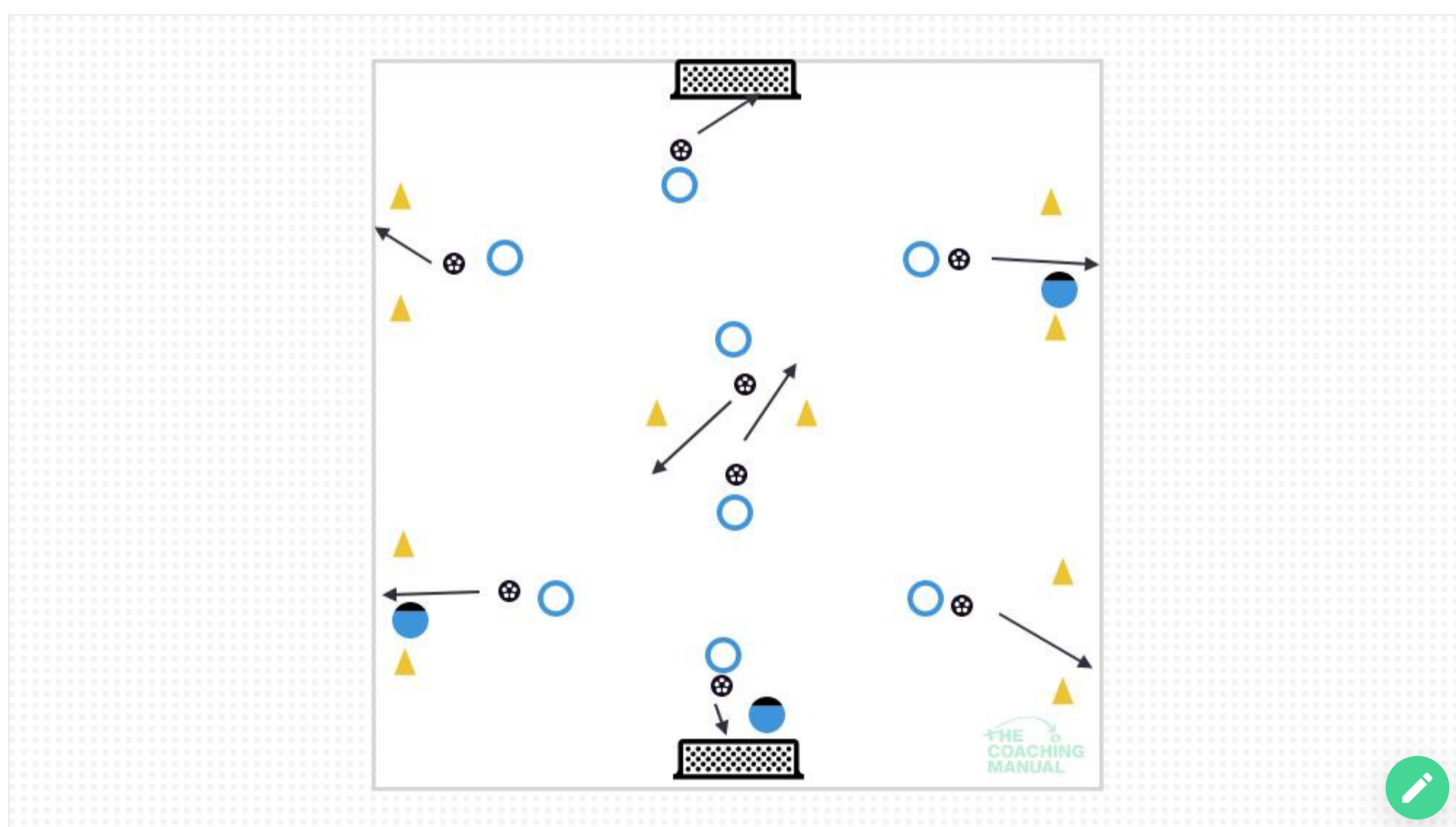
Frozen

- Coach is Marshmallow and is protecting Annas ice palace
- When the coach turns around the players can sneak up on Marshmallow while dribbling their soccer ball. If Marshmallow turns around, all soccer players must freeze and stand still like a statue
- Once all players get close to Annas ice palace, Marshmallow can turn around and chase them all away
- Coaching points - When the players freeze stand with their foot on the ball, when they are moving can they take small controlled touches and when they run back can they dribble with speed.



Paw Patrol - Goal Galore

- What characters do the soccer players want to be? Are they chase, marshall, rubble or zuma?
- All players have a soccer ball and try and score as many goals as possible (set up goals with cones all over the field)
- While they're doing so the defenders (coaches) are trying to stop them from scoring. Ask how many goals they were all able to score after 1 minute



Fishy Fishy Cross My Ocean

- Coaches start off as sharks
- Sharks call "fishy fishy cross my ocean"
- Fishes have to make it from side of the ocean to the other side (You can start without a soccer ball then introduce one after)
- If a fish gets tagged, they turn into seaweed. Seaweed must stand still and try and tag other fish if they run/dribble past them.

