



Coach Development Plan

Grade	Professional Support	Suggested Training and Licensing
Pre-K	<ul style="list-style-type: none"> ● Pre-season coaches clinic ● Weekly clinics led by professional coaches ● Session plans are provided 	Grassroots 4v4 License <ul style="list-style-type: none"> ● ASC will provide an in-house course each year. Alternatively, visit MYS for local courses ● Pre-season age appropriate coaches clinics delivered by our professional coaches (September and April)
K	<ul style="list-style-type: none"> ● Pre-season coaches clinic ● Weekly clinics led by professional coaches ● Session plans are provided 	
1	<ul style="list-style-type: none"> ● Pre-season coaches clinic ● Weekly clinics led by professional coaches ● Session plans are provided 	
2	<ul style="list-style-type: none"> ● Bi-weekly team sessions led by professional coaches ● 8 week practice curriculum provided 	Grassroots 4v4 License <ul style="list-style-type: none"> ● ASC will provide an in-house course each year. Alternatively, visit MYS for local courses ● In-season age appropriate coaches clinics delivered by our professional coaches (Middle of October and May)
3	<ul style="list-style-type: none"> ● Bi-weekly team session led by professional coaches ● 8 week practice curriculum provided 	
4	<ul style="list-style-type: none"> ● Bi-weekly team sessions led by professional coaches ● 8 week practice curriculum provided 	Grassroots 7v7 License <ul style="list-style-type: none"> ● ASC will provide an in-house course each year. Alternatively, visit MYS for local courses ● In-season age appropriate coaches clinics delivered by our professional coaches (Middle of October and May)
5	<ul style="list-style-type: none"> ● Bi-weekly team sessions led by professional coaches ● 8 week practice curriculum provided 	
6	<ul style="list-style-type: none"> ● Bi-weekly team sessions led by professional coaches ● 8 week practice curriculum provided 	Grassroots 9v9 License <ul style="list-style-type: none"> ● ASC will provide an in-house course each year. Alternatively, visit MYS for local courses ● In-season age appropriate coaches clinics delivered by our professional coaches (Middle of October and May)
7/8	<ul style="list-style-type: none"> ● 2 team sessions per season led by professional coaches ● Session topic requested by head coach 	
High School I	<ul style="list-style-type: none"> ● Girls Premier professionally coached teams ● Boys teams will receive 2 team sessions per season led by professional coaches 	National D License <ul style="list-style-type: none"> ● Visit MYS for local courses